

Let's take this journey together.

Maternity Pathway

01 0-13 WEEKS

First Prenatal Visit Confirm Pregnancy

Goal – during 1st trimester or within 42 days of obtaining Medicaid Coverage.

03 16-18 WEEKS

Second Trimester (14-27 weeks)

Routine OB visits are scheduled, and it is important you keep them for close monitoring of yourself and your growing baby.

05 24-28 WEEKS

Routine OB visits are scheduled

Screen: Glucose screening.
Class: Begin childbirth education classes
Birth Plan: Draft a birth plan.

07 36 WEEKS

At this time the position of your baby will be confirmed to discuss birth plans as you are nearing your delivery window. Consider attending a breastfeeding class.

09 39 WEEKS

Routine OB visits are scheduled, and it is important you keep them for close monitoring of yourself and your growing baby.

11 LABOR & DELIVERY

You have delivered!
Now you can hold your beautiful baby.

13 MATERNAL & NEWBORN FOLLOW-UP CARE

- **S&S to report:** maternal and newborn
- Jaundice
- When to seek care
- Scheduling PP care
- Breast care
- Incision care if C/S
- Birth Control

02 10-12 WEEKS

Second Prenatal Visit

BP check, weight check, growth check of your baby and uterus. You may also get to hear your baby's heartbeat. Additional testing and ultrasound might be offered by your provider.

04 20-22 WEEKS

Routine OB visits are scheduled

Ultrasound: Anatomy scan.
Screen: Quad screen.
Diagnostic Test: Amniocentesis.

06 32 WEEKS

Third Trimester

Test: Group B strep test (35 to 37 weeks)

08 38 WEEKS

Routine OB visits are scheduled, and it is important you keep them for close monitoring of yourself and your growing baby.

10 40 WEEKS

Routine OB visits are scheduled, and it is important you keep them for close monitoring of yourself and your growing baby.

12 DISCHARGE HOME

- **S&S to report:** maternal and newborn
- Jaundice
- When to seek care
- Scheduling PP care
- Keeping 1st newborn appointment and immunization education

14 PCP CARE

After Care

Now its time to start spending time with your Primary Care Physician.



Checkpoint	Timeframe	Expectation	Next Steps
<p>Stop #1 First Prenatal Visit</p> <p>Goal: during 1st trimester or within 42 days of obtaining Medicaid Coverage</p>	<p>0 - 13 WEEKS</p>	<p>+ Pregnancy test</p> <ul style="list-style-type: none"> • <i>Book your confirmation of pregnancy visits with local OBGYN</i> • <i>Link to our find a provider</i> • <i>Link to our maternity website</i> <p>What to expect: <i>medical history, pelvic exam, breast exam, pap smear, blood, and urine test</i></p>	<p>Contact Care Management for support and education during your pregnancy and to ensure you tap into all your benefits.</p> <p>After your first prenatal visits you have a choice of a car seat, stroller, or a pack and play, visit carolinacompletehealth.com/vas for more information.</p> <p>Educate on My Health Pay for \$25 for attending 1st prenatal visit VAB</p> <p>Contact your local WIC office for support with nutrition for yourself and growing baby by visiting www.ncdhhs.gov/ncwic</p> <p>Do not let transportation be a barrier to your care, visit carolinacompletehealth.com/transportation.</p>
<p>Stop #2 Second Prenatal Visit</p>	<p>10 - 12 WEEKS</p>	<p>What to expect: <i>BP check, weight check, growth check of your baby and uterus.</i></p> <p>You may also get to hear your baby’s heartbeat.</p> <p>Additional testing and ultrasound might be offered by your provider.</p> <p>Screen: Noninvasive prenatal testing (NIPT). Done at around 10 weeks; screens for chromosomal abnormalities such as Down syndrome, trisomy 18 and trisomy 13.</p> <p>Screen: Nuchal translucency (NT) screening. Performed between weeks 10 and 14, this ultrasound measures the nuchal fold, an area of fluid behind the baby’s neck, to screen for chromosomal abnormalities.</p> <p>Diagnostic Test: Chorionic villus sampling (CVS). If an NIPT or NT screening indicates a higher than usual risk for certain congenital conditions, this test, done between weeks 10 and 13, can confirm or rule out the condition.</p>	<p>Consider your interest in a doula to support you during your pregnancy. Visit carolinacompletehealth.com/doula.</p> <p>– Educate on Doula value-added service.</p> <p>Encourage them to sign up for text4baby: free messaging for pregnancy tips, prenatal care, safety concerns, feeding, newborn care and parenting information.</p> <p>Do not let transportation be a barrier to your care, visit carolinacompletehealth.com/transportation.</p> <p>As a reminder you have \$30 a quarter to spend on OTC items. This is a great way to help build a stockpile of diapers, feminine hygiene, and a newborn first aid kit with your benefits. Visit carolinacompletehealth.com/otc.</p>
<p>Stop #3 Second Trimester (14-27 weeks)</p>	<p>16 - 18 WEEKS</p>	<p>Routine OB visits are scheduled, and it is important you keep them for close monitoring of yourself and your growing baby.</p>	<p>Do not let transportation be a barrier to your care, visit carolinacompletehealth.com/transportation.</p>

Checkpoint	Timeframe	Expectation	Next Steps
Stop #4	20 - 22 WEEKS	<p>Routine OB visits are scheduled, and it is important you keep them for close monitoring of yourself and your growing baby.</p> <p>All pregnant individuals will have: Ultrasound: <i>Anatomy scan. Also known as a level 2 or 20-week ultrasound, this test assesses the baby's growth and development.</i></p> <p>Additional testing might be considered when risks are present: Screen: Quad screen. <i>Done between weeks 15 and 22 to determine whether there's an increased risk for certain chromosomal or neural-tube defects.</i></p> <p>Diagnostic Test: Amniocentesis. <i>Done starting at 15 weeks, takes a sample of amniotic fluid to detect genetic and chromosomal conditions, including Down syndrome.</i></p>	<p>Inset risk knowledge check: Gestational diabetes</p> <p>Do not let transportation be a barrier to your care, visit carolinacompletehealth.com/transportation.</p>
Stop #5	24 - 28 WEEKS	<p>Routine OB visits are scheduled, and it is important you keep them for close monitoring of yourself and your growing baby.</p> <p>Screen: Glucose screening. <i>Done between 24 and 28 weeks, it is used to detect gestational diabetes.</i></p> <p>Class: Begin childbirth education classes (24-28 weeks), <i>such as the one offered at JCMC.</i></p> <p>Birth Plan: <i>Draft a birth plan so your health care team knows your preferences for labor, delivery postpartum care, etc.</i></p>	<p>Insert risk knowledge: Preterm labor Low birth weight neonates</p> <p>If you find out, you have gestation diabetes please contact Carolina Complete Health maternity case management for support to ensure you receive assistance with obtaining diabetic testing supplies and have access to a case manager for continued support.</p> <p>If you have Type 2 diabetes or are diagnosed with gestational diabetes in pregnancy, please consider enrolling in our Good Measures program for continued education on how to manage your diabetes. For more information on the Good Measures programs, contact Member Services at 1-833-552-3876 (TTY: 711).</p> <p>Consider participating in a Member Baby Shower. Learn more and register at carolinacompletehealth.com/baby.</p> <p>Do not let transportation be a barrier to your care, visit carolinacompletehealth.com/transportation.</p>

Checkpoint	Timeframe	Expectation	Next Steps
<p>Stop #6</p>	<p>32 WEEKS</p>	<p>Routine OB visits are scheduled, and it is important you keep them for close monitoring of yourself and your growing baby.</p> <p>Test: Group B strep test (35 to 37 weeks)</p> <p>Vaccines for Pregnant Women: Protecting You and Your Baby. If you are pregnant, it's important to get vaccines to help keep you and your baby safe. Doctors recommend getting shots for whooping cough, flu, and RSV during pregnancy.</p> <p>Whooping Cough (Pertussis) <i>Tdap Shot</i></p> <ul style="list-style-type: none"> • When to get it: Between 27 and 36 weeks of pregnancy. • Why it's important: Whooping cough can be very dangerous for newborn babies. Getting this shot during pregnancy helps pass protection to your baby before they are born. <p>Flu (Influenza) Shot</p> <ul style="list-style-type: none"> • When to get it: Anytime during flu season (fall and winter), at any stage of pregnancy. • Why it's important: The flu can make pregnant women very sick. This shot helps protect you and your baby from getting seriously ill. <p>RSV (Respiratory Syncytial Virus)</p> <ul style="list-style-type: none"> • When to get it: Between 32 and 36 weeks of pregnancy, usually between September and January. • Why it's important: RSV can cause serious breathing problems in babies. The RSV shot 	<p>Insert risk knowledge: Preeclampsia</p> <p>Consider your interest in a doula to support you during your pregnancy. Visit carolinacompletehealth.com/doula.</p> <p>Do not let transportation be a barrier to your care, visit carolinacompletehealth.com/transportation.</p>
<p>Stop #7</p>	<p>36 WEEKS</p>	<p>Routine OB visits are scheduled, and it is important you keep them for close monitoring of yourself and your growing baby.</p> <p>At this time the position of your baby will be confirmed to discuss birth plans as you are nearing your delivery window.</p> <p>Consider attending a breastfeeding class.</p>	<p>Consider ordering your breast pump – Educate on Carolina Complete Health benefit for a breast pump.</p> <p>Make sure you have identified a pediatrician for your child. Find a Provider Tool: findaprovider.carolinacompletehealth.com</p> <p>Do not let transportation be a barrier to your care, visit carolinacompletehealth.com/transportation.</p>

Checkpoint	Timeframe	Expectation	Next Steps
Stop #8	38 WEEKS	Routine OB visits are scheduled, and it is important you keep them for close monitoring of yourself and your growing baby.	Do not let transportation be a barrier to your care, visit carolinacompletehealth.com/transportation .
Stop #9	39 WEEKS	Routine OB visits are scheduled, and it is important you keep them for close monitoring of yourself and your growing baby.	Do not let transportation be a barrier to your care, visit carolinacompletehealth.com/transportation .
Stop #10	40 WEEKS	Routine OB visits are scheduled, and it is important you keep them for close monitoring of yourself and your growing baby.	Do not let transportation be a barrier to your care, visit carolinacompletehealth.com/transportation .
Stop #11	Labor & Delivery	You have delivered We will write up details on delivery – Link to Maternity website	Inset knowledge check: Post partum hemorrhage Eclampsia Do not let transportation be a barrier to your care, visit carolinacompletehealth.com/transportation .
Stop #12	Discharge Home	Link to our PP website to be release ASAP <ul style="list-style-type: none"> • S&S to report – maternal and newborn • Jaundice • When to seek care • Scheduling PP care • Keeping 1st newborn appointment • and immunization education 	Make sure to notify DSS Of delivery to have your child added to Medicaid within 30 days of delivery Make sure to contact Carolina Complete Health and request your home delivered meals within 2w of discharge home. carolinacompletehealth.com/vas
Stop #13	Maternal and Newborn Follow-up Care	Link to our PP website to be released ASAP <ul style="list-style-type: none"> • S&S to report – maternal and newborn • Jaundice • When to seek care • Scheduling PP care • Breast care • Incision care if C/S • Birth control 	Insert education on My Health Pays for attending PP visit - \$25 Inset education on My Health Pays for attending Children’s Well Visits and completing children’s Immunizations. Visit carolinacompletehealth.com/epsdt . Do not let transportation be a barrier to your care, visit carolinacompletehealth.com/transportation .
Stop #14	PCP Care	We will write up a script on the importance of PCP care	Find a Provider Tool: findaprovider.carolinacompletehealth.com Educate on My Health Pays Value-Added Service reward for annual Wellness exam. Do not let transportation be a barrier to your care, visit carolinacompletehealth.com/transportation .

Notice of Nondiscrimination

Carolina Complete Health complies with applicable federal civil rights laws and does not discriminate based on race, color, national origin, age, disability, creed, religious affiliation, ancestry, sex, gender identity or expression, or sexual orientation. Carolina Complete Health does not exclude people or treat them differently because of race, color, national origin, age, disability, creed, religious affiliation, ancestry, sex, gender, gender identity or expression, or sexual orientation.

Carolina Complete Health provides free auxiliary aids and services to people with disabilities to communicate effectively with us, such as:

- Qualified American Sign Language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)

Carolina Complete Health provides free language services to people whose primary language is not English, such as:

- Qualified interpreters
- Information written in other languages

If you need these services, call **1-833-552-3876** (TTY: **711**).

If you believe that Carolina Complete Health has failed to provide these services or discriminated in another way based on race, color, national origin, age, disability or sex, you can file a grievance with:

1557 Coordinator

P.O. Box 31384

Tampa, FL 33631

1-855-577-8234 (TTY: **711**)

Fax: **1-866-388-1769**

Email: **SM_Section1557Coord@centene.com**

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights:

- Online: **ocrportal.hhs.gov/ocr/portal/lobby.jsf**
- By mail:
U.S. Department of Health and Human Services
200 Independence Avenue SW., Room 509F, HHH Building
Washington, DC 20201
- By phone: **1-800-368-1019** (TDD: **1-800-537-7697**)

Complaint forms are available at **<https://www.hhs.gov/ocr/complaints/index.html>**.

Aviso de no discriminación

Carolina Complete Health cumple con las leyes de derechos civiles federales aplicables y no discrimina por raza, color, origen nacional, edad, discapacidad, credo, afiliación religiosa, ascendencia, sexo, expresión o identidad de género u orientación sexual. Carolina Complete Health no excluye ni trata a las personas de manera diferente por motivos de raza, color, origen nacional, edad, discapacidad, credo, afiliación religiosa, ascendencia, sexo, género, expresión o identidad de género, u orientación sexual.

Carolina Complete Health proporciona asistencia y servicios gratuitos a personas con discapacidades para que se comuniquen de manera eficaz con nosotros, como los siguientes:

- Intérpretes Calificados de Lengua de Señas Estadounidense
- Información escrita en otros formatos (letra grande, audio, formatos electrónicos accesibles u otros formatos)

Carolina Complete Health proporciona servicios lingüísticos a personas cuya lengua materna no es el inglés, como los siguientes:

- Intérpretes calificados
- Información escrita en otros idiomas

Si necesita estos servicios, llame al **1-833-552-3876** (TTY: **711**).

Si considera que Carolina Complete Health no le proporcionó estos servicios o lo discriminó por motivos de raza, color, nacionalidad, edad, discapacidad o sexo, puede presentar una queja a:

1557 Coordinator

P.O. Box 31384

Tampa, FL 33631

1-855-577-8234 (TTY: **711**)

Fax: **1-866-388-1769**

Email: **SM_Section1557Coord@centene.com**

También puede presentar un reclamo de derechos civiles a la Oficina de Derechos Civiles del Departamento de Salud y Servicios Humanos de Estados Unidos:

- En línea: **ocrportal.hhs.gov/ocr/portal/lobby.jsf**
- Por correo postal:
U.S. Department of Health and Human Services
200 Independence Avenue SW., Room 509F, HHH Building
Washington, DC 20201
- Por teléfono: **1-800-368-1019** (TDD: **1-800-537-7697**)

Los formularios de reclamo están disponibles en **<https://www.hhs.gov/ocr/complaints/index.html>**.

Auxiliary Aids and Interpreter Services

English: You can request free auxiliary aids and services, including this material and other information in large print. Call **1-833-552-3876** (TTY: **711**). If English is not your first language, we can help. Call **1-833-552-3876** (TTY: **711**). We can give you, free of charge, the information in this material in your language orally or in writing, access to interpreter services, and can help answer your questions in your language.

Español (Spanish): Puede solicitar ayudas auxiliares y servicios gratuitos, incluyendo este material y otra información en letra grande. Llame al **1-833-552-3876** (TTY: **711**). Si el inglés no es su lengua materna, podemos ayudarlo. Llame al **1-833-552-3876** (TTY: **711**). Podemos proporcionarle, de forma gratuita, la información contenida en este material en su idioma oral o por escrito, el acceso a los servicios de interpretación, y podemos ayudarlo a responder sus preguntas en su idioma.

中文 (Chinese): 您可以要求免費的輔助工具與服務，包括此資料和其他資訊的大字體印刷版本。請致電 **1-833-552-3876** (TTY: **711**)。若英文不是您的母語，我們能幫忙。請致電 **1-833-552-3876** (TTY: **711**)。我們能免費以您的語言並以口頭或書面方式，提供您這份資料的資訊，並可使用口譯服務，以及協助以您的語言回答您的問題。

Tiếng Việt (Vietnamese): Quý vị có thể yêu cầu hỗ trợ và dịch vụ phụ trợ miễn phí, bao gồm tài liệu này và các thông tin khác bằng bản in cỡ chữ lớn. Gọi số **1-833-552-3876** (TTY: **711**). Nếu tiếng Anh không phải là ngôn ngữ chính của quý vị, chúng tôi có thể trợ giúp. Gọi số **1-833-552-3876** (TTY: **711**). Chúng tôi có thể cung cấp miễn phí thông tin trong tài liệu này bằng ngôn ngữ của quý vị ở dạng văn bản hoặc lời nói, cho phép tiếp cận dịch vụ thông dịch và hỗ trợ giải đáp thắc mắc bằng ngôn ngữ của quý vị.

한국어 (Korean): 이 자료와 기타 정보의 대활자본을 비롯하여 무료 보조기구와 서비스를 요청할 수 있습니다. **1-833-552-3876**(TTY: **711**)번으로 전화해 주십시오. 영어가 모국어가 아닌 경우, 당사가 도와드리겠습니다. **1-833-552-3876**(TTY: **711**)번으로 전화해 주십시오. 당사는 이 자료의 정보를 귀하의 언어로 구두 또는 서면으로 무료 제공하고, 통역 서비스를 제공하며, 귀하의 질문에 귀하의 언어로 답변해드릴 수 있습니다.

Français (French): Vous pouvez demander gratuitement des aides et services auxiliaires, y compris ce document et d'autres informations en gros caractères. Appelez le **1-833-552-3876** (TTY: **711**). Si l'anglais n'est pas votre langue maternelle, nous pouvons vous aider. Appelez le **1-833-552-3876** (TTY: **711**). Nous pouvons vous fournir gratuitement les informations contenues dans ce document dans votre langue, oralement ou par écrit, vous donner accès à des services d'interprétation et vous aider à répondre à vos questions dans votre langue.

Lus Hmoob (Hmong): Koj tuaj yeem thov cov khoom pab thiab cov kev pab cuam ntxiv tau dawb, suav nrog qhov ntaub ntawv no thiab lwm yam ntaub ntawv qhia paub ua ntawv luam loj. Hu rau **1-833-552-3876** (TTY: **711**). Yog tias Lus Askiv tsis yog koj thawj hom lus, peb tuaj yeem pab tau. Hu rau **1-833-552-3876** (TTY: **711**). Peb tuaj yeem muab tau ntaub ntawv qhia paub rau koj yam tsis tau them nqi hauv qhov ntaub ntawv no ua koj hom lus hais los sis ua ntawv sau, siv tau rau cov kev pab cuam neeg txhais lus, thiab pab teb tau koj cov lus nug ua koj hom lus.

العربية (Arabic): يمكنك طلب مساعدات وخدمات إضافية مجانية، بما في ذلك هذه المواد وغيرها من المعلومات بحروف كبيرة. اتصل على الرقم **1-833-552-3876** (TTY: **711**). إذا لم تكن اللغة الإنجليزية لغتك الأولى، يمكننا مساعدتك. اتصل على الرقم **1-833-552-3876** (TTY: **711**). يمكننا منحك المعلومات الواردة في هذه المواد، مجاناً، بلغتك شفهيًا أو كتابيًا، والوصول إلى خدمات الترجمة الفورية، ويمكننا مساعدتك في الإجابة عن أسئلتك بلغتك.

Русский (Russian): Вы можете запросить бесплатные вспомогательные средства и услуги, включая предоставление настоящего документа и другой информации крупным шрифтом. Позвоните по номеру **1-833-552-3876** (TTY: **711**). Если английский не является вашим родным языком, мы можем помочь. Позвоните по номеру **1-833-552-3876** (TTY: **711**). Мы можем бесплатно предоставить вам информацию, содержащуюся в настоящем документе, на вашем языке в устной или письменной форме, обеспечить доступ к услугам переводчика, а также помочь ответить на ваши вопросы на вашем языке.

Tagalog (Tagalog): Puwede kayong humiling ng mga libreng pansuportang tulong at serbisyo, kabilang ang materyal na ito at iba pang impormasyon sa malaking print. Tumawag sa **1-833-552-3876** (TTY: **711**). Kung hindi Ingles ang pangunahin ninyong wika, makakatulong kami. Tumawag sa **1-833-552-3876** (TTY: **711**). Puwede naming maibigay sa inyo, nang libre, ang impormasyong nasa materyal na ito sa inyong wika nang pasalita o pasulat, access sa mga serbisyo ng tagasalin, at makakatulong kami sa pagsagot sa inyong mga tanong sa inyong wika.

ગુજરાતી (Gujarati): તમે મોટા અક્ષરમાં આ સામગ્રી અને અન્ય માહિતીની વિનંતી કરવા સહિત મફત સહાયક સહાય અને સેવાઓની વિનંતી કરી શકો છો. **1-833-552-3876** (TTY: **711**) પર કોલ કરો. જો અંગ્રેજી તમારી પ્રથમ (માતૃ) ભાષા નથી, તો અમે મદદ કરી શકીએ છીએ. **1-833-552-3876** (TTY: **711**) પર કોલ કરો. અમે તમને આ સામગ્રીમાં રહેલી માહિતી તમારી ભાષામાં મૌખિક રીતે અથવા લેખિતમાં, દુભાષિયાની સેવાઓની એક્સેસ વિના કોઈ શુલ્કે આપી શકીએ છીએ અને તમારી ભાષામાં તમારા પ્રશ્નોના જવાબ આપવામાં મદદ કરી શકીએ છીએ.

ភាសាខ្មែរ (Khmer): អ្នកអាចស្នើសុំសេវា ឬជំនួយនានាដោយឥតគិតថ្លៃ រួមមានឯកសារ និងព័ត៌មានផ្សេងទៀតជាពុម្ពអក្សរធំ។ សូមទូរសព្ទមកលេខ **1-833-552-3876** (TTY: **711**)។ ប្រសិនបើភាសាអង់គ្លេសមិនមែនជាភាសាដំបូងរបស់អ្នកទេ យើងអាចជួយបាន។ សូមទូរសព្ទមកលេខ **1-833-552-3876** (TTY: **711**)។ យើងអាចផ្តល់ជូនអ្នកនូវព័ត៌មានក្នុងឯកសារនេះជាភាសារបស់អ្នកដោយផ្ទាល់មាត់ ឬជាសំណេរ លទ្ធភាពចូលប្រើសេវារបស់អ្នកបកប្រែផ្ទាល់មាត់ដោយឥតគិតថ្លៃ និងអាចជួយឆ្លើយសំណួររបស់អ្នកជាភាសារបស់អ្នក។

Deutsch (German): Sie können kostenlose Hilfsmittel und -dienste anfordern, einschließlich dieses Materials und anderer Informationen in Großdruck. Sie erreichen uns unter: **1-833-552-3876** (TTY: **711**). Wenn Englisch nicht Ihre Muttersprache ist, unterstützen wir Sie gerne. Sie erreichen uns unter: **1-833-552-3876** (TTY: **711**). Wir stellen Ihnen die Informationen in diesem Material mündlich oder schriftlich in Ihrer Sprache zur Verfügung, bieten Ihnen kostenlos Dolmetscherdienste an und beantworten Ihre Fragen in Ihrer Sprache.

हिन्दी (Hindi): आप इस सामग्री और बड़े प्रिंट में अन्य जानकारी सहित निःशुल्क सहायक उपकरण और सेवाओं का अनुरोध कर सकते हैं. **1-833-552-3876** (TTY: **711**) पर कॉल करें. अगर अंग्रेज़ी आपकी पहली भाषा नहीं है, तो हम आपकी मदद कर सकते हैं. **1-833-552-3876** (TTY: **711**) पर कॉल करें. हम आपको इस सामग्री की जानकारी मौखिक या लिखित रूप से आपकी भाषा में निःशुल्क उपलब्ध करा सकते हैं, दुभाषिया सेवाओं तक पहुंच प्रदान कर सकते हैं और आपकी भाषा में आपके प्रश्नों के उत्तर देने में मदद कर सकते हैं.

ລາວ (Lao): ທ່ານສາມາດຮ້ອງຂໍການຊ່ວຍເຫຼືອ ແລະ ການບໍລິການຊ່ວຍເຫຼືອໂດຍບໍ່ເສຍຄ່າໃຊ້ຈ່າຍໃດໆ, ລວມທັງເອກະສານນີ້ ແລະ ຂໍ້ມູນອື່ນໆໃນຮູບແບບຕົວພິມໃຫຍ່. ໂທທີ່ເບີ **1-833-552-3876** (TTY: **711**). ຖ້າພາສາອັງກິດບໍ່ແມ່ນພາສາທຳອິດຂອງທ່ານ, ພວກເຮົາສາມາດຊ່ວຍທ່ານໄດ້. ໂທທີ່ເບີ **1-833-552-3876** (TTY: **711**). ພວກເຮົາສາມາດຊ່ວຍທ່ານເຂົ້າເຖິງການບໍລິການລ່າມແປພາສາ ຫຼື ການແປພາສາໄດ້ໂດຍບໍ່ເສຍຄ່າຈ່າຍໃດໆ, ແລະ ສາມາດຊ່ວຍຕອບຄໍາຖາມຂອງທ່ານເປັນພາສາຂອງທ່ານໄດ້.

日本語 (Japanese): この資料やその他の大活字の情報を含む、無料の補助支援およびサービスを請求できます。 **1-833-552-3876** (TTY: **711**) までお電話ください。英語が母国語でない場合は、お手伝いします。 **1-833-552-3876** (TTY: **711**) までお電話ください。本資料の情報を音声または書面でおお客様の言語にて無料で提供し、通訳サービスを提供し、お客様の言語で質問に回答するお手伝いをいたします。